

**The Dairy Group (Food Guide Pyramid)**  
**By Helen Frost**



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describing and illustrating the food groups of the food guide pyramid. Frost, Helen 2000. This The Dairy Group. The Food Guide Pyramid.

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<http://www.lifeclinic.com/focus/nutrition/food-pyramid.asp>

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<http://www.thematicunits.theteacherscorner.net/health.php>

This booklet for young children is part of a series that supports national science standards related to physical health and nutrition, describing and illustrating the

<http://eric.ed.gov/?id=ED449124>

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