

**Teenage Depression - A CBT Guide For
Parents: Helping Your Child Beat Their
Low Mood [Digital]**

By Shirley Reynolds;Monika Parkinson



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do parents really shape their child's personality, Helping your child to Addiction and mood disorders : a guide for clients and families / Dennis C

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WebMD explains why cognitive behavioral therapy (CBT) might be used to treat depression, how this approach works, and what to expect in sessions.

<http://www.webmd.com/depression/guide/cognitive-behavioral-therapy-for-depression>

Find out how cognitive-behavioral therapy (CBT) is a type of therapy works and how it can help with depression.

<http://www.healthline.com/health/depression/cognitive-behavioral-therapy>

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May 04, 2005 Depression among adolescents has received recognition as a significant psychiatric problem that requires prompt intervention. This article will help

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1540388/>

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<http://www.einetwork.net/member/ils/2007/Dec07MissingRecent.xls>

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http://www.massvc.org/statistics/Overdue_Reports/2010-2011/Overdue_Returned_requests_Aug10.xls

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