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Fat Recipes To Change Your Life**

**By Michael van Straten**



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Daily Express Observer Food Monthly Michael van Straten, Woman magazine Healthy eat well without feeling deprived of your weight to change your  
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Eat Well Lose Weight: More than 500 Deliciously Satisfying Recipes (Third Edition) and restaurant remakes for inspiring ways to eat well even on special occasions. <http://www.barnesandnoble.com/w/eat-well-lose-weight-better-homes-and-gardens/1119778546?ean=9781118541944>

Foods & Juices for Health & Healing" af Michael Van Straten and top recipes that allow you to create your own healthy feasts Superfeast: Foods & Juices <http://www.imusic.dk/paperback/9781904435419/michael-van-straten-2005-superfeast-foods-juices-for-health-healing-bog-med-limet-ryg>

Michael Van Straten Super Soups: Healing Soups for Mind, Body and Soul. DKK 98,00 L g i kurv . Paperback 2014 .  
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<http://www.imusic.dk/dvd/5030305101657/michael-van-straten-2004-michael-van-straten-s-10-day-detox-with-kim-wilde-dvd>

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