

**Stress In The Spotlight: Managing And
Coping With Stress In The Workplace
By Brian Claridge; Cary Cooper**



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Social anxiety disorder, have proven effective at managing some symptoms of social anxiety disorder.

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<http://www.childmind.org/en/health/disorder-guide/social-anxiety-disorder>

International Journal of Manpower ISSN: Cary L Cooper. 2015. Workplace bullying and stress. Conflict escalation and coping with workplace bullying:

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