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Emotional Fitness**

By David J. Powell



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David J. Powell, PhD, is president of the International Center for Health Concerns, Inc. and assistant clinical professor of psychiatry at Yale University School of
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Alan P. Lyme is the author of Game Plan (5.00 avg rating, 1 rating, 0 reviews, published 2012) and Men's Healing (0.0 avg rating, Alan P. Lyme s Followers.

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